

HONDURAS

13 Nights 14 Days

TBA IN CND \$

Day 1 *Transfers*

Arrive at San Pedro Sula transfer to Copá. You will be met at the airport and transferred to the beautiful colonial city of Copá, where you will check into your Hotel Casa De Café *** (<http://www.casadecafecopan.com/>)



La Casa de Café is unique, offering all the services and amenities one would expect in a fine Bed & Breakfast Inn along with Honduran charm, family style hospitality, and turn-of-the-century ambiance. After a good night's rest, awake to a rich, flavorful cup of organic locally sourced export quality coffee. We grind our beans - fresh every morning. Top it off with a hearty, homemade breakfast. Tropical fruits, fresh baked bread, vegetarian omelette, pancakes, crepes & French toast.

Day 2 *Copan Ruins* (B)

Today we tour the mystical ruins and sculpture museum where you will be able to witness the Mayan culture. ((<http://www.casadecafecopan.com/>))



Day 3 (B) *Transfer to Tela*

Today we transfer to the Caribbean City of Tela. On the way we will visit Pulhapanzak Waterfalls where you will have an opportunity to explore. This is followed by a visit to Yojoa Lake for lunch and boat tour around the lake. Afterwards we head to your Hotel, Maya Vista (<http://mayavista.com/>)



Day 4 (B) (L) *Full Day Tour*

Today we head off to **Punta Sal Beach** where you will visit the National Park followed by a day on the beach. Snorkeling is included for the day's activity followed by a lunch at **Cocalito Beach**. Afterwards head back to your Hotel, Maya Vista (<http://mayavista.com/>)



Day 5 (B) (L) *Transfer to La Ceiba*

Today we are transferred to La Ceiba. On the way we will stop at Punta Izopo National Park, where we will kayaking through the mangrove canals. This is followed by a visit to Triunfo de la Cruz for lunch on the beach, where we are then taken to our Hotel Villa de Soledad. (<https://www.lavilladesoledad.com/>)



Day 6 (B) (L) *Full Day Tour*

Today we launch off by boat to the white beaches of Cayos Cochinos. Coral Reefs and pristine sandy beaches as you enjoy a tour of the islands. Hotel Villa de Soledad. (<https://www.lavilladesoledad.com/>)



Day 7 (B)

Today we go on a hike along the **Rio Zacate trail** where we will view the **Zacate Waterfalls** and the Caribbean Coast. In the afternoon we will be transferred to the dock for the afternoon ferry to the Island of Roatan where you will taken to your Hotel Splash Inn (<http://roatansplashinn.com/en/>)



Day 8 & 9 (B) *Free Day*

Today relax and enjoy the island and all that it has to offer. This is your 2 days to do as you please.

Day 10 (B) *Transfer to Airport*

Transfer to the Roatan Airport.

A DEPOSIT OF 30% IS REQUIRED TO SECURE SEAT FOR THIS TOUR

**Total tour cost: TBA Canadian dollars (subject to change in currency rates)

**Fundraiser for Playground: TBA (All Funds quoted in Canadian dollars.)

Important

Tour Price excludes the Fund Raise which is the responsibility of everyone to raise the required amount for this project build.

The Maximum number of persons for this Volunteer trip is 14 Persons.

It is the responsibility of each team member to raise the required amount for the building project. The fundraising portion must be paid in full 60 days prior to departure.

Additional Information

Please re- confirm your flights a minimum of 48 hours prior to departure and to check for any schedule changes, with the airline directly. Check-in opens 3 hours prior to departure for international flights and 2 hours for regional and domestic flights. We recommend you leave time to get to the airport, taking into consideration potential traffic delays. All passengers are required to carry state-issued photo identity document for domestic travel within Uganda and a valid passport for all regional and international travel.

Please ensure your travel agent has given you all relevant information about medical and visa requirements of the country you are visiting, to ensure that you are well prepared.

All passengers will be required to provide positive identification (ID or passport) when

checking in to any accommodation establishment in Honduras

****All passports must be valid for at least six months from the date of return into Honduras and must have two blank pages available for entry/exit stamps. Passengers travelling on foreign passports must contact the applicable consulate office for entry requirements and the Honduras authorities for re-entry requirements. Saving the Hungry cannot accept responsibility for incorrect documentation. ****

Resort Fees, Taxes and Levies have been introduced in various destinations around the World. These fees are not included in your quotation or booking and differ per booking. Please be aware that these additional charges may occur and are payable directly to the hotels on either check in or check out.

- Credit Cards are required upon check in at most hotels.
- A deposit to secure payment toward additional expenses at the hotel is required on check in. The deposit will be held until check out, therefore please plan to provision this from your holiday allowance.
- Please ask your Travel Agent about Visa and Medical requirements.

****Subject to currency changes**

Deposit

An initial 30% deposit is required to secure your seat for the tour.

Additional Costs NOT included

- International Flights
- Personal travel insurance
- Laundry
- Other food not mentioned above
- Alcohol
- Water and snacks
- Food you wish to buy for the local children (optional)
- Items of a personal nature
- Souvenirs
- Restaurant and driver tips
- Items not mentioned above

Q – Who do I contact if I want to join a team or would have more questions?

*A – Please contact Nigel Bragge at nigel@savingthehungry.ca or wade@savingthehungry.ca
Contact Numbers: Nigel 780-863-0285 or Wade 780-686-9915*